## School Goal: Social Emotional Learning



Goal Statement

The Queen Mary school community fosters social emotional well-being.



## **Social Emotional Learning (SEL)**

"The North Vancouver School District is committed to a continuum of SEL integral to student well-being and development. The continuum includes creating a Sense of Belonging for students, teaching of Social Emotional Skills, Mental Health Literacy, and an Integrated Service Approach to Mental Health."

https://www.sd44.ca/sites/SEL/Pages/default.aspx#/=

Acknowledging, teaching and proactively working to address historical and present-day societal and systemic inequities experienced on the basis of race, physical, mental, or intellectual ability, sex, sexual orientation, gender identity or expression, and others. (NVSD Strategic Plan, 2021)





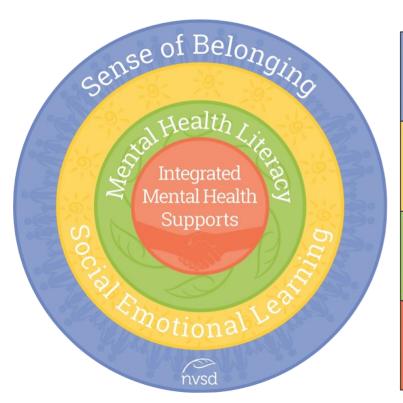
## SEL in the Classroom

"SEL in the classroom takes shape in a variety of ways. It is promoted through explicit instruction, and integrated across classroom instruction and academic curriculum."

https://casel.org/in-the-classroom/

## At Queen Mary we will foster our community's social emotional well-being by:

- Fostering healthy relationships, particularly for in-person interactions and play
- Developing pride in, respect for, and celebration of personal identities
- Strengthening resilience in staff and students
- Fostering a sense of belonging and responsibility
- Providing skills necessary for members of our learning community to take ownership and self-advocate
- Explicit instruction for the development of social awareness, selfawareness, self-management, responsible decision making, and relationship skills
- Explicitly and openly addressing and supporting mental health



Sense of Belonging – an intentional focus on strategies and structures that ensure each and every student feels a sense of belonging and connection with their classmates, teachers, and school

**Social Emotional Learning** – using the CASEL Framework, intentionally teaching students the key social emotional skills to be successful

Mental Health Literacy – through the use of Dr. Stan Kutcher's curriculum, improving mental health literacy for all grade 9 students district-wide and providing teachers a shared language in promoting positive mental health

Integrated Mental Health Supports – developing strategic partnerships with interministerial partners to create seamless supports for children and youth with mental health needs